

# LIFE ON SCREEN ONLINE YOUTH



**YOUTH EXCHANGE  
15-26.07.2020  
PORONIN, POLAND**

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Erasmus+ Programme



Erasmus+



# ABOUT OUR PROJECT



The goal of the project was to increase vigilance in the network. We wanted to make young people sensitive to the fact that we are not anonymous. Each of our actions leave a mark when we do not know the basic principles of security in the network. We are exposed to the leakage of our data, correspondence, passwords and even the theft of funds from the bank account.

The youth participating in the exchange became aware of what activities they can afford, what they can do, and how to protect their accounts. In addition, we presented examples of some notifications that may be a trap. We sharpened our vigilance, opened our eyes to certain online behaviors, such as public insults, discrimination. We provided them with a set of rules that can prevent them from being a victim of a fraud.

Against the background of these activities, we sought young people to work together internationally to develop the ability to cooperate, to share tasks, to listen and to lead a group, to develop creativity and ingenuity.

Cooperation between **Poland, Bulgaria** and **Lithuania** eliminated barriers between nations, increased tolerance and understanding among the participants of the two groups.

In total **36 people** from Poland, Lithuania and Bulgaria participated in the project in Poronin.

**12 participants** from each **country**.

**(11 + leader)** will take part in each exchange.

Among us there were young people with fewer opportunities for development.

The base action was to create a guide on how to be careful on the web.





# STAYING SAFE WHILE USING APPS



**Using apps and visiting sites can be dangerous and thus, requires precaution.**

**While installing apps we are forced into accepting certain "approval" settings before apps are downloaded to our smartphone. Most of the times we don't think about it twice - but we should! You must be the master of your destiny by paying attention to small details like approval settings to avoid malware, viruses, or thefts.**

**Most apps have access to our location, age, birth date, phone number or even a calls control. Does this sound scary? This is exactly how we get recommended internet searches, Amazon purchases and more.**

**A third-party app is an app that is provided NOT by phone manufacturers. Many of such apps are more prone to security vulnerabilities because their developers may not be held to the same security standards as our phone manufacturers. Especially if an app is free - it may be that they make money by selling your data to other companies.**

**Delete unused apps - as long as any app is installed and not disabled, they can do damage even when they are not running. Apps are able to collect data in the background.**

**By deleting unused apps, paying attention to all the "allow" pop-ups, and avoiding untrusted apps, we can decrease the possibility of becoming a cybercrime victim.**







## STAYING SAFE WHILE USING WEBSITES



**Website usage is even more dangerous due to a wide range of actions that we can do in them. But despite what we want to do in the internet, there are some rules that **MUST** be followed in order to stay safe. Rules are as following:**

- **Keep personal information limited. We would never hand purely personal information out to strangers individually on the street - we mustn't do hand it to millions of people online.**
- **Keep the privacy settings ON. Web marketers and hackers love to know information about us. Operating systems, web browsers or even sites like Facebook have special security settings that we can enable. Keep it ON!**
- **Practice safe browsing. Cybercriminals use luri content as a bait, because we are sometimes tempted by dubious content. Resist the urge to enter suspicious websites, ads or "interesting articles" and everything will be all right!**
- **Use VPN, especially when you use a public Wi-Fi. We have little to no control over public networks security.**
- **Be careful on what we download. Apps or programs, or even files may carry any sort of malware. Download everything only from verified and widely known websites.**





## STAYING SAFE WHILE USING WEBSITES



- **Use a strong password. Find an online password creation guide or use google password manager for help, to create a secure password and guard your data.**
- **Make online purchases only from secure sites. Only provide credit info when sites have encryption - find a locked padlock in the website address bar or check that the site has "https" in the URL, not just "http".**
- **Be careful what we post. There is no delete key in the internet. We may disable it on the surface, but our data or pictures still live in the network. Think twice.**
- **Do not trust everyone you meet online, they may not be who they claim to be.**
- **Keep your antivirus up to date and run regular antivirus scans. Your data will thank you.**

**Our online world provides as many possibilities, but with great power, comes great responsibilities - be responsible for yourself.**





# CLICKBAITS



**Clickbaits are mainly misleading. They are false advertisement used to exploit peoples desire and curiosity. They are often colorful and eye grabbing, including flashing texts, spicy imagery as well as teaser content that will make users click or follow the link to the advertised content. You can find it on Youtube, news websites, adult entertainment sites and mainly on all websites containing advertisements or ad boards. Clickbait is used to show false information or even on money fraud to trick the buyer into wasting money on non existing products. Moreover, clickbait is bad for the consumer but is an easy way for the producer to earn attention of possible customers.**





# ONLINE COMMUNITIES



**Online communities are very diversified. They usually form either around people's passion or their hatred towards something. It could be basically anything. For example there is a farmer community where farmers exchange information and their experiences about farming. Joining a community is pretty easy, because usually people who share the same passion will be acceptable to newcomers. You can even start a community yourself. Just start a topic on Reddit and probably people will join. Strangers can exchange ideas in these online communities, because there is always someone that you can help and someone that can help you with new ideas about your hobbies and the things that interest you. One of the most common ways that people meet take place in real life if the opportunity allows it, if not then they just trying call each others. Because there a lot people who lives in another country or even other continen. But if live in the same country it's not that hard meet peoples in real life. There are solution to meet person from another country. It's Comi con. In Comi con there are lot people's from another country and you can meet them.**

**Here a list of online community:**

- 1. Youtube**
- 2. Instagram**
- 3. Reddit**
- 4. Facebook**
- 5. Twitter**







## BE AWARE OF WHAT YOU SHARE



**All of the social media are great for keeping up to date with your friends and family, but it isn't always wise to post or share everything.**

**Everyone is so used to sharing, that often they forget to realize that they might be oversharing.**

**There's a lot of responsibility if you're not careful, the things you publish can have serious consequences for you. Many irresponsible postings on social media have got people fired from jobs, expelled from educational institutions, sued in courts, and even jailed.**

**There are some things that are better kept to oneself, and not posted online.**

**Here are a few very important things we thought you should know.**

**\* Remember that everything is permanent: once you post something, consider it permanently published. Even if you delete it soon after, it will be stored in cache somewhere; and someone else may have already saved it too.**

**\* Be cautious of predators: don't post revealing photos, updates, or content that would make you a target of sexual predators and other criminals.**







## BE AWARE OF WHAT YOU SHARE



**\* Protect sensitive information: never reveal sensitive information regarding your finances. Also never share the passwords you use, or information that could give clues to your passwords - such as your date of birth.**

**\* Be aware of your location sharing:**



## BENEFITS AND DRAWBACKS OF ONLINE TRACKING

Online tracking is the practice by which operators of websites collect, store and share information about the users. It can be used to provide content related to their preferences or track people. But what are the benefits and the drawbacks of this?

The first good side and most basic one is that finding information is much more easier because of it. There are these cookies that you are always asked to accept, right? They are being saved on your phone so that you don't have to enter the same information every time you use a particular website. This saves you a lot of time so you can search for new information without going through the one you already know\have read. This gives you another benefit which is more personalized web. You get to see adds that are more interesting to you and if you search for something the things that seem more appealing to your profile pop up. That's good not only for you but for the add holder as well because he gets audience that can actually become a customer. The next pro is that you can also find people by web tracking. For example ones that are missing or have been kidnaped just by their search history. As we all know there are some horrible people on the internet so they can be found and caught as well. You might even prevent those people from doing bad things before hand. This way the online crimes can be lowered if there were more people who took care of it. The last group of people are the underaged. They seem to always search for things that are not for them.

By using online tracking we can prevent them from finding mean, nasty stuff on the internet. Of course they can lie for their age but there are ways to find that information as well.



## BENEFITS AND DRAWBACKS OF ONLINE TRACKING

However, all of the above means that you get almost no privacy. As we already explained, trackers can see a lot of information based on what you do in the internet. For example they can easily see what device you use and if you have other technology or not as well as what advertisement you click on or even what is your battery life and resolution at the moment. All of this information can be taken from you and used legally of course. You can never be sure if you are being monitored or not. The worst part is that trackers can sell your information to literally anyone. Then this information can be used against you. Another possibility is that your information is used for cat phishing. No one wants their information taken and sold without knowing, right? The scariest part is that they can get your IP address and see your location at the moment. This means that anyone can find where you live or go to school/university for example. There have been cases of people being threatened online and then actually gone missing. We should all be careful about such things. And maybe try not to get anyone mad on the internet.

There are some simple things that you can do in order to stay protected from those things. For example tweaking your phone's location settings, limit ad tracking. You can do that in Google Chrome or use a private browser. Maybe check your online accounts, opt out of ads and control permissions on your apps. By doing those steps you will protect not only yourself but the people around you as well. But it's all up to you to stay informed, it's your safety after all.



# DARK WEB

**What is the dark web?**

**The dark web is part of the internet that isn't visible to search engines and requires the use of an anonymizing browser called Tor to be accessed. Tor is a browser from which you can access the dark web.**

**What kind of information can you find on the dark web?**

**Almost any type of illegal and legally questionable products and services can be found somewhere in the internet's underground.**

**Why has Bitcoin become popular on dark web sites?**

**Bitcoin, like cash, allows transactions to be made anonymously. And with no one in charge of the Bitcoin network, there's no one with the authority to block illicit transactions.**

**Is the dark web the same thing as the deep web?**

**No, the deep web is a broader concept. It refers to all online content that's not accessible to search engines. That includes the internet's underground economy, but it also includes mainstream websites that simply aren't set up for Google's and Bing's web crawlers.**







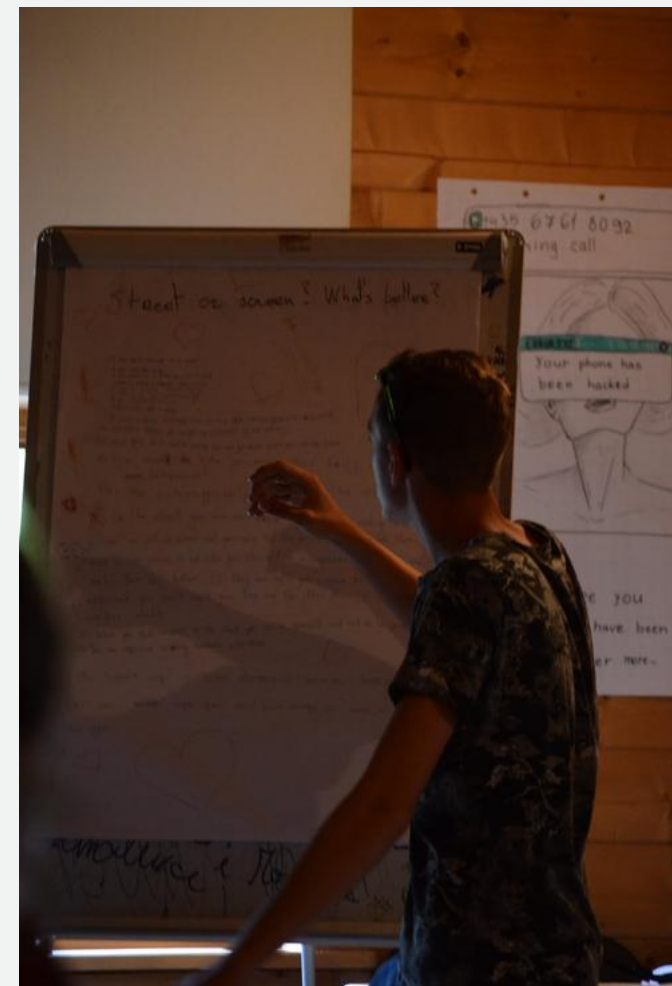
# THE GALLERY







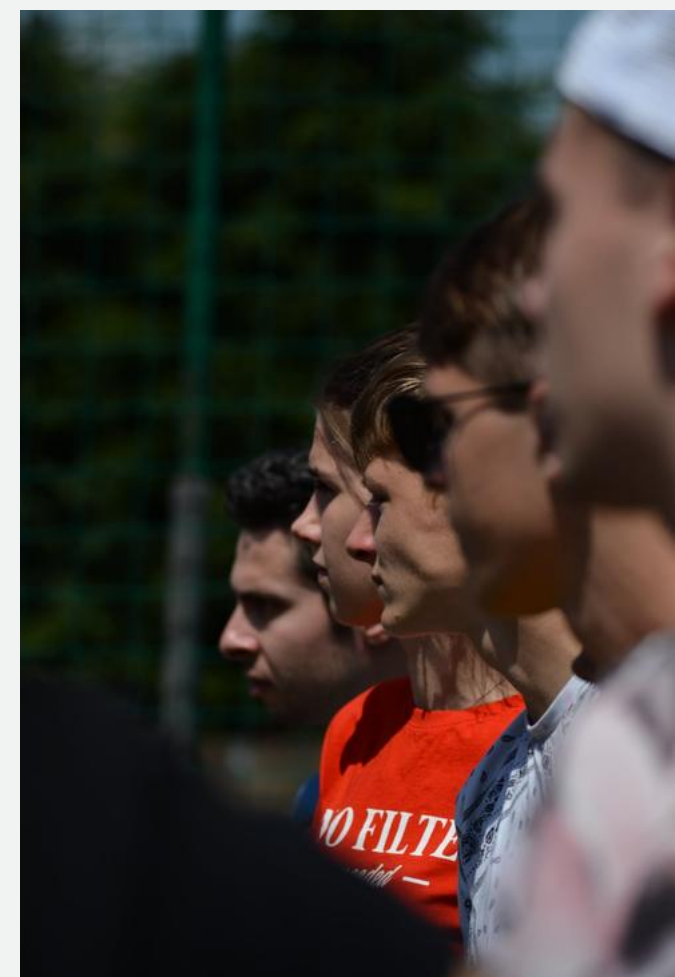
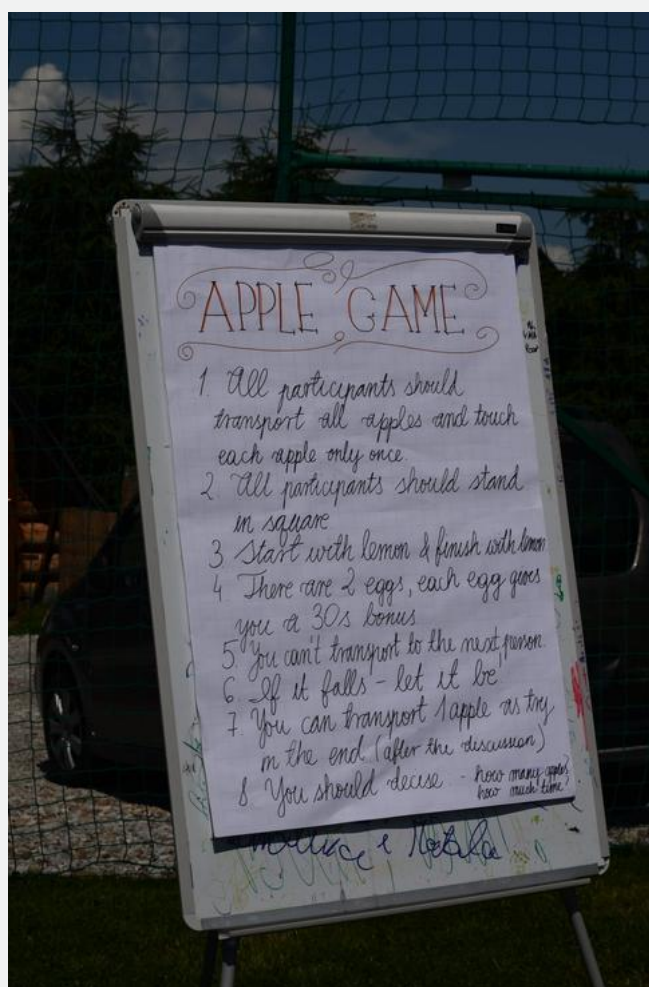
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# PARTNERS

## OF THE PROJECT





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